

WHAT WE DO

Firelands Employer Resource

Network® (FERN) helps employees access social service and training programs that support employment.

FERN partners with local government, nonprofits and private employers to offer the best resources available.

FERN networks with other **Employer Resource Networks® (ERNs)** across the state and nationwide who share best practices.

Your **FERN Wellness Coach** can confidentially help you:

- ◆ improve **employment skills**
- ◆ overcome **personal barriers**
- ◆ prepare for **advancement opportunities**.

STRATEGIC PARTNERS

- ◆ **Erie County Board of Developmental Disabilities**
- ◆ **ERN USA**
- ◆ **Huron County Board of Developmental Disabilities**
- ◆ **Huron County Mental Health and Addiction Services**
- ◆ **Shores & Islands, Ohio Welcome Center**



www.ern-usa.com



Are work and home challenges affecting your work performance?

Your Wellness Coach can give the guidance and connection to resources you need including, but not limited to:

- ◆ **workplace training:** skills and better pay
- ◆ **life skills:** budgeting, ESL, GED
- ◆ **tuition assistance:** an advanced degree
- ◆ **financial stability:** credit counseling, 401K, college and other savings plans
- ◆ **public assistance:** applying and navigating
- ◆ **housing:** affordable rentals or home buying
- ◆ **transportation:** public, repairs, car purchase
- ◆ **work attendance:** solving issues and barriers
- ◆ **conflict resolution:** family or co-workers
- ◆ **children:** custody, childcare, development
- ◆ **drugs and alcohol:** treatment and support
- ◆ **counseling:** personal, marital, family

COMMON QUESTIONS

What happens when I call my Wellness Coach? To help you best, we will need to ask you some details about your situation. We may need to see you in person and will try to be flexible around your work schedule. We will coordinate services to address your concerns and support you as you work through it.

Will you share information with my employer? Not unless you give us consent. Sometimes we may need to verify some basic job information with your employer. This could be wages, date of hire, or attendance history. Personal information can be confidential and we will not disclose why you are seeking assistance.

How is this program different? "This program is more hands on and is involved with the process from beginning to end, ensuring the employee has what they need to overcome their hurdle and regain/maintain successfulness. I have the time, availability and resources needed to assist individuals as needs arise, and follow through with focus because that is my sole responsibility." - *Crystal Page, Success Coach*

Employer Resource Network Success: "I never knew these resources were available. Since I separated from my spouse, things have been very difficult financially. I would be in a much more difficult place if it were not for this program. This has been a bridge to a future."

How can we help achieve your dreams?



TRAINING PROGRAMS

Firelands Employer Resource Network® (FERN) offers training at your work site so you can grow within your company. We also partner with organizations throughout the community to connect you with classes.

Improve your **personal** and **employment** skills such as:

- ◆ **Parenting**
- ◆ **Credit repair**
- ◆ **Math proficiency**
- ◆ **Health and wellness**
- ◆ **Basic computer skills**
- ◆ **Computer applications**
- ◆ **Foreclosure prevention**
- ◆ **Home buying and repair**
- ◆ **GED & college education**
- ◆ **Affordable family nutrition**
- ◆ **Free income tax preparation**
- ◆ **Leadership and problem solving**
- ◆ **English as a second language (ESL)**
- ◆ **Financial management & budgeting**

OUR GOAL

Creating access and resources
for employee success
at work and in life.

Your **Wellness Coach** can help you find a program that is right for you, get you registered, and support you along the way.

MEMBER COMPANIES & HOURS

Monday: Erie County

Erie Board of Developmental Disabilities
4405 Galloway Rd, Sandusky, OH
(ECI, REM, Ability, Renaissance employees)

- ◆ 8:00am-4:30pm

Tuesday: Ottawa County

Shores & Islands, Ohio Welcome Center
770 SE Catawba Rd, Port Clinton, OH
(ECI, RVI, REM employees)

- ◆ 8:30am-11:30am

Wednesday: Huron County

Huron Board of Development Disabilities
306 S Norwalk Rd W, Norwalk, OH
(Renaissance, CLI, REM employees)

- ◆ 8:00am-1:30pm & 11:30am-4:30pm
(alternating weeks)

Huron County Mental Health and Addiction
84 Benedict Ave, Norwalk, OH
(Dave's Food Mart employees)

- ◆ 2:00pm-5:00pm & 8:30am-11:00am
(alternating weeks)

Thursday: Huron County

Fisher-Titus Medical Center
272 Benedict Ave, Norwalk, OH
(Fisher-Titus employees)

- ◆ 12:00pm-6:00pm

SET-UP YOUR APPOINTMENT

<https://calendly.com/firelandsern>

iHablo español!



**A program providing
access to social service
and training programs
that support your
employment**



**We can accommodate
employees from any shift!**

Luis Quezada, Wellness Coach

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